



We are **Kurash** Family

REGULATIONS

of European KURASH Championship Men – Women, Juniors Men – Juniors Women, Cadets Boys- Cadets Girls

14-16 September 2026, Panagyurishte - Bulgaria

1. TASKS AND OBJECTIVES

1. Kurash development and promotion in Europe and in the world
2. Kurash promotion in Bulgaria
3. Consolidation of the international sports contacts

2. COMPETITION MANAGEMENT

General management of organization and conduction of European Kurash Championship 2026 among Men – Women, Junior Men – Women, Cadets Boys – Cadets Girls is made by KURASH Federation of Bulgaria under the support of European Kurash Confederation (EKC) and International Kurash Association (IKA).

3. TIME AND VENUE

European Championship will take place on 14-16 September 2026 in Panagyurishte - Bulgaria

Venue - Sports Hall : **Arena Asarel Panagyurishte, Bulgaria**

4. PARTICIPATION TERMS

Only athletes who comply with the requirements below are allowed to participate in the competitions:

- ❖ Athletes who have sports health insurance.

5. APPLICATION SUBMISSION DEADLINES

Deadline for submitting applications for participations is 12:00 noon GMT of 20/08/2026.

Federations that fail to submit application for participation before deadline, shall not be able to get free accommodation and meal.

All documents must be sent in eukurash@yahoo.com

6. TECHNICAL TERMS

The competitions are held in accordance with the European and International Kurash competitions rules and Regulations of the European and International Kurash Federation on preparation and conduction of the European competitions.

Kurash players representing National-Kurash Federations and official members of the EKC who will participate in the championship must be in hold of the national passport of the country they represent in order to compete.

Each nation can enter maximum two players in each category.

In the group of Cadets Boys and Girls are those who were born in 2011-2012. In the group of Juniors Men and Women are those who were born 2009-2010.

- Weight categories (cadets boys): 38,42,46,50,55,60,65,71,77,83, +83kg
- Weight categories (cadets girls): 33,36,40,44,48,52,57,63, +63kg
- Weight categories (junior men): 42,46,50, 55, 60, 65, 71, 77,83,90, +90kg
- Weight categories (junior women): 36, 40, 44, 48, 52, 57, 63, 70,+70kg
- Weight categories (men): 60, 66, 73, 81, 90, 100, 120, +120 kg.
- Weight categories (women): 48, 52, 57,63,70, 78, 87, +87kg

The athletes in the age categories: Cadet Boys & Cadet Girls and Junior Men & Junior Women can compete in the category Men-Women.

Individual competitions are held according to the IKA elimination system without repechage.

The athletes, who take prize-winning places, are awarded with medals and diplomas.

The Organizing Committee guarantees first aid to all participants of the Championship.

7. LIABILITY

Neither EKC or Organizing Committee shall hold any liability in case of injury or any personal loss experienced by the delegates through the visit. The delegates are liable for their own insurance.

8. DUTIES OF PARTICIPANTS

All delegations should bring with them two national flags sized 1x2 m, and the audio record of the national anthem. They should submit the flags and anthems to the organizing committee members during the accreditation.

All players must bring their own standard Kurash uniform Yakhtak. Those who don't have uniform will be able to purchase Yakhtaks in Panagyurishte at the special discounted price (60 euro per one set). The pre-order of the Yakhtaks is necessary in order to provide the correct size of the players. The requests must be sent in eukurash@yahoo.com at least 30 days before the competition.

9. FINANCIAL TERMS

The amount of the fee for hotel accommodation and half board meal

Official Hotels :

Park Hotel Asarel (double and triple room is 80 euros for one day per person)

Kamengrad Hotel & Spa (single room is 120 euros, double room is 100 euros for

one day per person)

The minimum length of stay is two days.

The cost of transfer from the airport to the official hotel and back is 50 euros for each team member.

Members of delegations who arrived but were not included in the final application before 20/08/2026 will have to pay extra 50 euros per day of accommodation for each participant.

Members of delegations who arrived but they will stay outside of the official hotels will have to pay 100 euros per person as accreditation fee to the Organizing Committee.

The Organizing Committee will provide free hotel accommodation and half board meal (breakfast and dinner) for two people (1 athlete M, 1 athlete W) per each National Kurash Federation from 14 to 16 September ALL inclusively.

Free accommodation will be provided to the 12 referees that will participate as the official referee team invited by the European Kurash Championship.

It is compulsory to all athletes to have their accommodation at the official hotel of the Championship.

10. ACCREDITATION

All participants shall be accredited. Accreditation will take place in Arena Asarel

Each national team sends to the organizing committee photos 3x4 (JPG) of the participants in a good format for an accreditation card till 20/08/2026.

11. CONTACTS

European Kurash Confederation - 36 Efesou, Thessaloniki, 55132

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Mob.: +30 6972305155, +79653390664 (WhatsApp, Telegram)

Opening hours from 10:00 to 16:00 (local time)

President of EKC



Iliadis Merabi



PROGRAM

<i>September, 14 (Monday) ARENA ASAREL</i>	
10:00 - 17:00	Delegations Arrival, Accreditation
14:00 – 18:00	Kurash Coaching & Referee Seminar
15:00 – 16:00	Registration for DC Meeting & DC Meeting
16:00 – 18:00	Registration for EKC Congress & EKC Congress
18:00 – 19:00	Official weigh-in Cadets M-W, Men-Women
<i>September, 15 (Tuesday) ARENA ASAREL</i>	
08:30 – 09:30	Official weigh-in Juniors (M-W)
10:00 – 13:30	Preliminary fights Cadets (M-W)
13:30 – 14:00	OPENING CEREMONY
14:00 – 15:00	Final fights Cadets (M-W)
15:00 – 15:30	Awarding ceremony Cadets (M-W)
16:00 – 19:30	Preliminary fights Men-Women
19:30 – 20:30	Final fights Men-Women
20:30 – 21:00	Awarding ceremony Men-Women
22:00	Official Dinner (Banket)
<i>September, 16 (Wednesday) ARENA ASAREL</i>	
10:00 – 14:30	Preliminary fights Juniors (M-W)
15:00 – 17:00	Final fights Juniors (M-W)
17:00 – 18:00	Awarding ceremony Juniors (M-W)
<i>September, 16-17 (Wednesday-Thursday)</i>	
<i>Departure of delegations</i>	